

1 DANIEL E. LUNGREN, Attorney General  
of the State of California  
2 ROY HEWITT,  
Deputy Attorney General  
3 Department of Justice  
110 West A Street, Suite 700  
4 San Diego, California 92101  
Telephone: (619) 237-7134

5 Attorneys for Complainant  
6

7 BEFORE THE  
8 MEDICAL BOARD OF CALIFORNIA  
9 DIVISION OF MEDICAL QUALITY  
10 DEPARTMENT OF CONSUMER AFFAIRS  
11 STATE OF CALIFORNIA  
12

13 In the Matter of the Accusation )  
Against: )

CASE NOS. D-4512, AND  
D-4513

14 STEPHEN HERMAN, M.D. )  
15 9341 Hazel Circle )  
Villa Park, CA 92667 )

OAH NOS. L-53519, AND  
L-53520

16 Physician and Surgeon )  
17 License No. A20234 )

STIPULATION FOR VOLUNTARY  
SURRENDER OF LICENSE

18 and )

19 VALENTINE BIRDS, M.D. )  
12626 Riverside Dr., Ste. 510 )  
20 North Hollywood, CA 91607 )

21 Physician and Surgeon )  
22 License No. A28695 )

23 Respondents. )  
24

25 IT IS HEREBY STIPULATED AND AGREED by and between  
26 Complainant, Kenneth J. Wagstaff, Executive Director of the  
27 Medical Board of California (herein after "Board"), and Stephen

1 Herman, M.D. (herein after "Respondent Herman"), parties to the  
2 above-entitled matter, that:

3           1.     Kenneth J. Wagstaff, Complainant, is the Executive  
4 Director of the Medical Board of California and is represented by  
5 Daniel E. Lungren, Attorney General of the State of California by  
6 Roy W. Hewitt, Deputy Attorney General.

7           2.     Respondent Herman is represented in this  
8 administrative disciplinary proceeding before the Board by Andrew  
9 Lloyd, Esq. Respondent Herman has counseled with Attorney Lloyd  
10 concerning the effect of this stipulation, which Respondent  
11 Herman has carefully read and fully understands.

12           3.     At all times mentioned herein Respondent Herman  
13 has been licensed by the Board under Physician and Surgeon  
14 License No. A20234. Said License was issued by the Board on July  
15 9, 1962.

16           4.     On or about May 17, 1991, Complainant, in his  
17 official capacity as Executive Director of the Board, filed  
18 Accusation No. D-4152; OAH No. L-53519 against Respondent Herman.  
19 A true and correct copy of Accusation No. D-4512; OAH No. L-  
20 53519 is attached hereto as Attachment "A" and incorporated by  
21 reference as if fully set forth herein. On or about May 17,  
22 1991, Respondent Herman was served with Accusation No. D-4512;  
23 OAH No. L-53519 together with all other statutorily required  
24 documents, at his address of record on file with the Board: 9341  
25 Hazel Circle, Villa Park, California 92667.

26           Respondent Herman is fully aware of the charges and  
27 allegations contained in Accusation No. D-4512; OAH No. L-53519,

1 having been fully advised of the allegations by his attorney of  
2 record, Andrew Lloyd, Esq. Respondent Herman understands that the  
3 charges and allegations contained in Accusation No. D-4512; OAH  
4 No. L-53519 would, if proven, constitute cause for imposing  
5 discipline upon his physician and surgeon license.

6           5. Respondent Herman is fully aware of his right to a  
7 hearing on the charges and allegations contained in Accusation No.  
8 D-4512; OAH No. L-53519, his right to reconsideration, appeal, and  
9 any and all other rights which may be accorded him pursuant to the  
10 California Administrative Procedure Act and California Code of  
11 Civil Procedure, having been fully advised of same by attorney,  
12 Andrew Lloyd, Esq.

13           6. Respondent Herman, having the benefit of counsel,  
14 hereby freely, voluntarily, and intelligently waives his rights to  
15 a hearing, reconsideration, appeal, and any and all other rights  
16 which may be accorded him pursuant to the California  
17 Administrative Procedure Act and California Code of Civil  
18 Procedure with regard to Accusation No. D-4512; OAH No. L-53519.

19           7. Respondent Herman understands that by signing this  
20 stipulation, rather than contesting the charges and allegations  
21 contained in Accusation No. D-4512; OAH No. L-53519, he is  
22 enabling the Board to issue its order accepting the voluntary  
23 surrender of his physician and surgeon license without any further  
24 notice, opportunity to be heard, or formal proceeding.

25           8. Respondent hereby voluntarily surrenders his  
26 Physician and Surgeon License No. A20234 to the Medical Board of  
27 California for its formal acceptance.

28

1           9.    Upon acceptance of this stipulation by the Board,  
2 Respondent agrees to surrender and cause to be delivered to the  
3 Board his wallet certification and his physician and surgeon  
4 license certificate.

5           10. Respondent Herman fully understands that when the  
6 Board accepts the voluntary surrender of his Physician and Surgeon  
7 License No. A20234, he will no longer be permitted to practice as  
8 a physician and surgeon within the State of California.

9           11. In consideration for the foregoing stipulations,  
10 admissions, and recitals, the Board, upon formal acceptance of  
11 Respondent Herman's formal surrender herein, agrees to dismiss  
12 with prejudice, Accusation No. D-4512; OAH No, L-53519, currently  
13 pending against Respondent Herman.

14           12. Respondent Herman fully understands that should he  
15 ever reapply for a physician and surgeon license, in the State of  
16 California, all the charges and allegations contained in  
17 Accusation No. D-4512; OAH No, L-53519 shall be deemed admitted by  
18 Respondent Herman as true and correct for purposes of any  
19 statement of issues or other proceedings seeking to deny such  
20 reapplication by Respondent.

21           13. Respondent Herman further stipulates that the  
22 Interim Order of suspension currently in effect shall remain in  
23 effect until either the board accepts respondent's voluntary  
24 surrender of his license; or, until a decision issues after  
25 hearing on accusation, if the board rejects the offer of license  
26 surrender.

1           14. This stipulation for voluntary surrender of  
2 Respondent Herman's physician and surgeon license is intended by  
3 the parties to be an integrated writing memorializing the  
4 complete agreements of the parties herein.

5           14. In the event this stipulation is rejected, for any  
6 reason, by the Medical Board of California, it will be of no  
7 force or effect for either party.

8                   DATED: July 9, 1991.

9                   DANIEL E. LUNGREN, Attorney General  
10                   of the State of California

11                   Roy W. Hewitt  
12                   ROY W. HEWITT  
13                   Deputy Attorney General

14                   Attorneys for Complainant

15  
16                   DATED: July 24, 1991.

17                   Andrew Lloyd  
18                   ANDREW LLOYD  
19                   Attorney for Respondent  
20  
21  
22  
23  
24  
25  
26  
27

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27

ACKNOWLEDGEMENT

I, Stephen Herman, have read the stipulation in Case No. D-4512; OAH No. L-53519 and enter into the stipulation for voluntary surrender of my physician and surgeon license freely, voluntarily, intelligently, on advice of counsel, and with full knowledge of its force and effect, and do hereby surrender my Physician and Surgeon License No. A20234 to the Medical Board of California for its formal acceptance. By so surrendering my license, I recognize that upon formal acceptance of the surrender by the Board, I will lose all rights and privileges to practice as a physician and surgeon in the State of California.

DATED: 7/29, 1991.

  
STEPHEN HERMAN  
Respondent

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28

ORDER

The voluntary surrender of Physician and Surgeon License No. A20234, by Respondent Stephen Herman, is accepted by the Medical Board of California. Accusation No. D-4512; OAH No. L-53519 is dismissed with prejudice.

This decision shall become effective the 12th day of March, 1992.

So ordered this 11th day of February, 1992.



Medical Board of California  
Division of Medical Quality  
Department of Consumer Affairs  
State of California

MAY 22 12 37 PM '91

DANIEL E. LUNGREN, Attorney General  
of the State of California  
ROY W. HEWITT,  
Deputy Attorney General  
Department of Justice  
110 West A Street, Suite 700  
San Diego, California 92101  
Telephone: (619) 237-7134

Attorneys for Complainant

BEFORE THE  
MEDICAL BOARD OF CALIFORNIA  
DIVISION OF MEDICAL QUALITY  
DEPARTMENT OF CONSUMER AFFAIRS  
STATE OF CALIFORNIA

In the Matter of the Accusation  
Against:

STEPHEN HERMAN, M.D.  
9341 Hazel Circle  
Villa Park, CA 92667

Physician and Surgeon License  
No. A20234

and

VALENTINE BIRDS, M.D.  
12626 Riverside Drive, Ste. 510  
North Hollywood, CA 91607

Physician & Surgeon License  
No. A28695

Respondents.

CASE NOS. D-4512, and  
D-4513

OAH NOS. L-53519, and  
L-53520

ACCUSATION

COMES NOW Complainant Kenneth Wagstaff, who as cause  
for disciplinary action, alleges:

1. Complainant is the Executive Director of the  
Medical Board of California (hereinafter the "Board") and makes  
and files this accusation solely in his official capacity.



## 1

2

7

## 20

21

24

27

1 revoke, suspend for a period not to exceed one year, or place on  
2 probation, the license of any licensee who has been found guilty  
3 under the Medical Practice Act.

4 c. Code section 2234 provides that unprofessional  
5 conduct includes, but is not limited to, the following:

6 (a) Violating or attempting to violate,  
7 directly or indirectly, or assisting in or  
8 abetting a violation of, or conspiring to  
9 violate any provision of this Chapter.

10 (b) Gross negligence.

11 (c) Repeated negligent acts.

12 (d) Incompetence.

13 (e) The commission of any act involving  
14 dishonesty or corruption which is  
15 substantially related to the qualifications,  
16 functions, or duties of a physician and  
17 surgeon.

18 (f) Any action or conduct which would have  
19 warranted the denial of a certificate.

#### 20 FACTS

##### 21 DEVELOPMENT OF "VIROXAN"

22 5. "Viroxan", also referred to as LP-1, LP-4,  
23 Geraniol, Linolool, and Linolool Ozonide, was first "synthesized"  
24 from plant sources by respondent Herman and Herman's son in 1988.

25 6. At all times relevant herein, respondent Herman and  
26 others "manufactured" quantities of "Viroxan" in a "primitive"  
27 laboratory located in the kitchen of respondent Herman's

1 residence.

2           7. "Viroxan" has never received approval by the United  
3 States Food and Drug Administration (USFDA), or the Food and Drug  
4 Branch of the California Department of Health Services, or any  
5 other regulatory agency as being safe and efficacious for use  
6 against HIV infections (AIDS) in human beings.

7           8. On or about, and before September 1, 1989,  
8 respondent Herman and respondent Birds were aware that "Viroxan"  
9 was not proven safe for use in human beings or efficacious  
10 against AIDS infection HIV, infection or any bacterial, fungal,  
11 or viral infections. Nonetheless, prior to receiving even basic  
12 animal toxicity data, respondents Herman and Birds began  
13 injecting human beings with "Viroxan".

14           9. Respondent Herman and respondent Birds failed to  
15 heed the warnings of Dr. Herman's scientific consultant Dr. K.  
16 concerning the fact rubber stoppers on the vials containing  
17 "Viroxan", manufactured and bottled in respondent Herman's  
18 kitchen, were not airtight; they leaked and were therefore  
19 subject to contamination. Furthermore, Dr. K. informed  
20 respondent Herman that "Viroxan" had a toxic effect on animals at  
21 doses greater than 1.9mm (107mg/kg). In fact doses greater than  
22 1.9mm killed all test mice and rats; and, rabbits experienced  
23 adverse reactions at the "Viroxan" injection site.

24                           UNDERCOVER OPERATIONS

25           INVESTIGATOR COLBY S.

26           10. On or about December 27, 1989, Colby S., a Senior  
27 Special Investigator for the Medical Board of California called

1 respondent Birds and told respondent Birds he had just been  
2 tested HIV positive and was interested in receiving treatment.  
3 Respondent Birds told Colby S. he used typhoid therapy.  
4 Respondent Birds then referred Colby S. to respondent Herman to  
5 discuss treatment. Respondent Birds gave Colby S. respondent  
6 Herman's telephone number and represented to Colby S. that  
7 respondent Herman had good results treating AIDS patients with  
8 "Viroxan".

9           11. On or about January 8, 1990, Colby S. contacted  
10 respondent Herman via telephone and explained to respondent  
11 Herman that Colby S. was interested in hearing about respondent  
12 Herman's treatment for AIDS. Respondent Herman told Colby S. to  
13 come to respondent Herman's home the next day at 11:00 a.m.

14           12. On or about January 9, 1990, Colby S. and  
15 approximately five other individuals attended a two-hour  
16 presentation conducted by respondent Herman at respondent  
17 Herman's home. During the presentation respondent Herman  
18 informed the group that other AIDS treatments were ineffective,  
19 but his treatment with "Viroxan" has long-term effects in  
20 arresting the disease. Respondent Herman claimed treatment with  
21 "Viroxan" produced no side-effects and that "Viroxan" had been  
22 tested and found non-toxic and effective against a wide spectrum  
23 of diseases. Respondent Herman recommended to the group that any  
24 patient receiving "Viroxan" be referred to respondent Birds so  
25 respondent Birds could arrange surgery for placement of Hickman  
26 catheters.

27           13. Respondent Herman told attendees that treatment

1 with "Viroxan" requires daily injections, and a thirty-day supply  
2 costs three hundred dollars. Respondent Herman also told the  
3 group it would be unnecessary for them to return to see  
4 respondent Herman except to pick up more "Viroxan" because  
5 patients could self-inject the "Viroxan".

6           14. On or about January 11, 1990, pursuant to  
7 arrangements made at the previous days seminar, Colby S.  
8 purchased ten vials of "Viroxan" from respondent Herman for three  
9 hundred dollars. As soon as the sale occurred respondent Herman  
10 was arrested by the authorities.

11           15. As a result of the conduct described in Paragraphs  
12 5-14 above, respondent Herman and respondent Birds are subject to  
13 disciplinary action pursuant to Code section 2234, subdivision  
14 (e) because of their acts of dishonesty and/or corruption in  
15 willfully and unlawfully representing "Viroxan" as being  
16 effective in treating HIV positive patients, AIDS patients, and  
17 patients with diseases, disorders, or conditions of the immune  
18 system with the intent to defraud or mislead the individuals to  
19 whom the representations were made.

20           16. As a result of the conduct described in Paragraphs  
21 5-14 above, respondent Herman is subject to disciplinary action  
22 pursuant to Code section 2234, subdivision (b) because of his  
23 gross negligence in making available for self-administration a  
24 foreign substance not shown to be safe for use in human beings or  
25 efficacious against HIV infection.

26           17. As a result of the conduct described in Paragraphs  
27 5-14 above, respondent Herman is subject to disciplinary action

1 pursuant to Code section 2234, subdivision (b) because of his  
2 gross negligence in making available to patients, a substance  
3 ("Viroxan"), which is not manufactured according to good  
4 pharmaceutical manufacturing practices, and which may be  
5 contaminated with micro organisms.

6 18. As a result of the conduct described in paragraphs  
7 5-14 above, respondent Herman is subject to disciplinary action  
8 pursuant to Code section 2234, subdivision (d) because of his  
9 incompetence in making available for patients' self-  
10 administration, a foreign substance not shown to be safe for use  
11 by human beings or efficacious against HIV infection.

12 19. To the extent it is determined respondent Birds  
13 aided and abetted respondent Herman in the above-described  
14 conduct, respondent Birds is also subject to discipline pursuant  
15 to section 2234, subdivisions (b), (d), and (e) because of his  
16 gross negligence, incompetence, dishonesty or corruption.

17 INVESTIGATOR JEFFREY Y.

18 20. On or about January 10, 1990, Jeffrey Y., a Food  
19 and Drug Investigator called respondent Herman's home and  
20 arranged to attend a "Viroxan" presentation set to occur at 11:00  
21 a.m. on January 11, 1990.

22 21. On or about January 11, 1990, Investigator Jeffrey  
23 Y. attended a presentation on "Viroxan" conducted by respondent  
24 Herman at respondent Herman's home. During the presentation,  
25 respondent Herman represented "Viroxan" to be a "break through"  
26 "clearly demonstrated" to be effective in treating the entire  
27 spectrum of T-cell mediated diseases. Respondent Herman further

1 represented that "Viroxan" was proven non-toxic, and was  
2 effective in treating chronic, long-term arthritis and cancers  
3 such as Hodgkin's Disease and leukemia.

4           22. As a result of the conduct described in Paragraphs  
5 5-9 and 20-21 above, respondent Herman is subject to disciplinary  
6 action pursuant to Code section 2234, subdivision (e) because of  
7 his dishonest and/or corrupt representation that "Viroxan" was  
8 safe and effective for treatment of T-cell mediated diseases,  
9 chronic, long-term arthritis and cancers.

10                           PATIENT TREATMENT WITH "VIROXAN"

11           PATIENT MARK S.

12           23. On or about December 1, 1988, Mark S., an HIV  
13 infected individual, became a patient of respondent Birds. On  
14 that day, respondent Birds gave Mark S. a "typhoid skin test".

15           24. On or about December 5, 1988, respondent Birds  
16 began Mark S. on a "therapeutic protocol using typhoid vaccine."

17           25. On or about, and between approximately December 5,  
18 1988 and March 21, 1989, Mark S. kept approximately thirteen  
19 separate appointments with respondent Birds during which Mark S.  
20 received varying amounts of typhoid vaccine for treatment of his  
21 HIV infection.

22           26. On or about August 17, 1989, Mark S. had a  
23 CD4-T-cell measurement of 132 cells/Cumm. It was recommended by  
24 the Staff at Philip Mandelker AIDS Prevention Clinic of the Gay  
25 and Lesbian Services Center in Hollywood that Mark S. consider  
26 treatment with Zidovudine (formerly known as AZT) and receive  
27 primary prophylaxis against the development of Pneumocystic

1 Pneumonia.

2           27. On or about September 5, 1989, Mark S. gave a copy  
3 of his latest CD4-T-cell count to respondent Birds. Respondent  
4 Birds administered more typhoid vaccine and made no  
5 recommendation concerning use of Zidovudine or primary  
6 prophylaxis against development of Pneumocystic Pneumonia.

7           28. On or about October 13, 1989, pursuant to  
8 respondent Birds recommendation, Mark S. contacted and visited  
9 respondent Herman at respondent Herman's home in Orange County.  
10 Respondent Herman noted that Mark S. had a CD4-T-cell count of  
11 132 cells-/cu.mm. and "thrush moderate Lymphadenopathy, S1GI  
12 upset, fatigue, herpes recurrent and hair loss." Accordingly,  
13 respondent Herman began Mark S. on "Viroxan" via intravenous  
14 injection.

15           29. On or about October 16, 1989, to facilitate  
16 injection of the "Viroxan" supplied by respondent Herman,  
17 respondent Birds recommended Mark S. have a Hickman catheter  
18 surgically implanted.

19           30. On or about October 17, 1989, Mark S. was admitted  
20 to the Medical Center of North Hollywood where a Hickman catheter  
21 was placed pursuant to respondent Birds' order. Respondent Birds  
22 indicated the need for placement of a Hickman catheter was due to  
23 his professional diagnosis of "lymphoma".

24           31. On or about October 18, 19, 20, 23, and 31, 1989,  
25 Mark S. visited respondent Birds. On each of the five visits,  
26 respondent Birds supplied Mark S. with quantities of "Viroxan"  
27 IV.



1           32. On or about October 26, 1989, Mark S. again saw  
2 respondent Herman and was given "4,000 mg IV" of the substance  
3 "Viroxan."

4           33. On or before October 31, 1989, Mark S. was  
5 experiencing severe breathing problems and was acutely ill.  
6 Respondent Birds noted Mark S. had nausea and vomiting for three  
7 days. Nonetheless, respondent Birds failed to perform a physical  
8 examination nor did he draw any blood from Mark S. for laboratory  
9 analysis. Rather, respondent Birds infused "Viroxan" via Mark  
10 S.'s Hickman catheter and dispensed additional amounts of  
11 "Viroxan" to Mark S. so Mark S. could self-infuse the "Viroxan"  
12 at home.

13           34. On or about November 5, 1989, (a Sunday) Mark S.  
14 visited respondent Birds at respondent Birds' office. Mark S.  
15 complained of "total body numbness and pain." Without performing  
16 a physical examination, respondent Birds gave Mark S. some Cipro  
17 (an antibiotic used to treat urinary tract infection), and  
18 recommended Mark S. continue with "Viroxan".

19           35. On or about November 8, 1989, Mark S. was found  
20 lying immobile in his bath tub at approximately 2:30 a.m. Mark  
21 S. had been in the bath tub for several days. The paramedics  
22 were called. After the paramedics arrived, respondent Birds was  
23 contacted to get approval for transporting Mark S. to the  
24 hospital. Respondent Birds did not give his approval for  
25 transportation to the hospital.

26           36. On or about November 8, 1989, at approximately  
27 4:30 a.m., respondent Birds was again called and informed that

1 Mark S.'s condition was worsening. Again, respondent Birds  
2 failed to recommend hospitalization. Instead, respondent Birds  
3 indicated Mark S. would be fine and just to keep an eye on him.

4 37. On or about November 8, 1989, at approximately  
5 7:00 a.m., respondent Birds was called for the third time and  
6 informed that Mark S. needed immediate medical attention.  
7 Respondent Birds promised to call for an ambulance. However, two  
8 hours later, respondent Birds arrived at Mark S.'s apartment and  
9 informed those present that he had just called for an ambulance.  
10 It was not until approximately 9:00 a.m. that morning that the  
11 paramedics arrived to transport Mark S. to Queen of Angels  
12 Hollywood Presbyterian Medical Center. Mark S. was admitted to  
13 that hospital at approximately 10:10 a.m. with signs of  
14 septicemia, meningitis, dehydration, pneumonitis, and  
15 rhabdomyolysis due to prolonged immobilization. Mark S.'s CD4+  
16 T-cell count demonstrated Mark S.'s immunodeficiency.

17 38. Despite treatment, Mark S.'s condition continued  
18 to deteriorate. A chest X-ray taken on or about November 11,  
19 1989, revealed bilateral pulmonary infiltrates.

20 39. On or about November 12, 1989, Mark S. suffered a  
21 respiratory arrest and was intubated. Cardiac arrest quickly  
22 followed and Mark S. died at 6:13 a.m. on November 12, 1989.

23 40. An autopsy on Mark S. revealed the presence of an  
24 extensive bilateral staphylococcal cavitating pneumonia together  
25 with a bilateral pneumocystis carinii pneumonia. Staphylococcal  
26 infection was also noted in other organs of Mark S.'s body,  
27 including but not limited to acute staphylococcal inflammation of

1 the diaphragm and bilateral extensive necrotizing staphylococcal  
2 nephritis. Cerebrospinal fluid cultures also yielded  
3 staphylococcus aureus.

4           41. Respondents Herman and Birds are subject to  
5 disciplinary action pursuant to section 2234, subdivisions (b),  
6 (d), (e) based on their gross negligence, incompetence, and  
7 dishonesty or corruption in recommending and referring Mark S. to  
8 a surgeon for insertion of a Hickman catheter without adequate  
9 medical indication, especially when respondents knew, or should  
10 have known that Mark S. was severely immunocompromised.  
11 Respondents failed to properly advise Mark S. of the potential  
12 lethal complications of such a procedure and the extremely low  
13 likelihood of any benefit.

14           42. As a result of the conduct described in Paragraphs  
15 23-40 above, respondent Birds is subject to disciplinary action  
16 pursuant to Code section 2234, subdivision (d) because of his  
17 incompetency in using typhoid vaccine without proper medical  
18 indication.

19           43. As a result of the conduct described in Paragraphs  
20 5-9 and 23-40 above, respondents Herman and Birds are subject to  
21 disciplinary action pursuant to section 2234, subdivisions (b),  
22 (d) and (e) because of numerous incidents of gross negligence,  
23 incompetence, and dishonesty or corruption in administering,  
24 and/or making available for patients' self-administration a  
25 foreign, nonsterile substance ("Viroxan"), not proven safe for  
26 use in human beings or efficacious against HIV infection.

27 \ \ \

1           44. As a result of the conduct described in Paragraph  
2 5-9 and 23-40 above, respondents Herman and Birds are subject to  
3 disciplinary action pursuant to Code section 2234, subdivision  
4 (b) because of their numerous acts of gross negligence in  
5 administering and/or making available to patients, a substance  
6 ("Viroxan"), which is not manufactured according to good  
7 pharmaceutical manufacturing practices, and which may be  
8 contaminated with micro organisms.

9           45. As a result of the conduct describe in  
10 Paragraphs 23-40 above, respondents Herman and Birds are subject  
11 to disciplinary action pursuant to Code section 2234, subdivision  
12 (b) because of their gross negligence in treating an AIDS patient  
13 by self-administered intravenous infusion, their failure to  
14 instruct the patient on proper sterile injection technique, and  
15 their failure to monitor a patient's home use of a foreign  
16 substance by parenteral delivery.

17           46. As a result of the conduct described in Paragraphs  
18 5-9 and 23-40 above, respondents Herman and Birds are subject to  
19 disciplinary action pursuant to Code section 2234, subdivision  
20 (b) because of their gross negligence in failing to obtain  
21 investigational approval, as required by law, from regulatory  
22 agencies prior to administering the substance "Viroxan" to human  
23 beings.

24           47. As a result of the conduct described in Paragraphs  
25 26-27 above, respondents Herman and Birds are subject to  
26 disciplinary action pursuant to Code section 2234, subdivisions  
27 (b) and (d) because of their gross negligence and incompetence in

1 failing to timely recognize the presenting symptoms of  
2 Pneumocystis carinii pneumonia (PCP), and failing to initiate  
3 chemoprevention against PCP.

4           48. As a result of the conduct described in Paragraphs  
5 23-40 above, respondents Herman and Birds are subject to  
6 disciplinary action pursuant to Code section 2234, subdivisions  
7 (b) and (d) because of their gross negligence and incompetence in  
8 failing to perform a physical examination, take an adequate  
9 medical history, or formulate a treatment plan based on a  
10 diagnosis of Mark S.'s ailment(s).

11           49. As a result of the conduct described in Paragraphs  
12 23-40 above, respondents Herman and Birds are subject to  
13 disciplinary action pursuant to Code section 2234, subdivision  
14 (c) because of their repeated negligent acts in failing to keep  
15 adequate medical records of their treatment of Mark S., their  
16 failure to make professional assessment of Mark S.'s medical  
17 condition, their failure to instruct Mark S. on proper sterile  
18 injection techniques, their failure to monitor his use of a  
19 foreign substance, their failure to present Mark S. with options  
20 other than the substance "Viroxan" for treatment of HIV  
21 infection, their failure to monitor Mark S.'s medical condition,  
22 and their failure to refer Mark S. to a recognized medical  
23 specialist.

24           50. As a result of the conduct described in Paragraph  
25 33-37 above, respondent Birds is subject to disciplinary action  
26 pursuant to Code section 2234, subdivision (b) because of his  
27 gross negligence in failing to immediately hospitalize Mark S.

1 PATIENT ROBERT H.

2 51. On or about August 3, 1989, Robert H., an HIV  
3 infected individual became a patient of respondent Birds.

4 52. On or before August 15, 1989, Robert H. complained  
5 to respondent Birds of chills, fever, and sweats.

6 53. From approximately August 1989 through October  
7 1989, respondent Birds saw Robert H. on a regular basis.  
8 Respondent Birds treated Robert H.'s HIV infection with "a  
9 therapeutic protocol using typhoid vaccine".

10 54. On or about October 3, 1989, Robert H. again  
11 complained to respondent Birds about night sweats and chills.  
12 Respondent Birds attributed Robert H.'s problem to the typhoid  
13 vaccine and failed to consider other diagnostic explanations for  
14 the development of night sweats and chills in Robert H., an HIV  
15 positive patient.

16 55. On or about October 16, 1989, test results  
17 indicated Robert H. was at risk of developing pneumocystis  
18 carinii pneumonia (PCP). Rather than recommending medication to  
19 treat or prevent PCP, respondent Birds instead recommended "Aloe  
20 Vera Juice."

21 56. At no time after Robert H.'s initial examination,  
22 on or about August 7, 1989, was Robert H. given a physical  
23 examination. In fact, during office visits which occurred after  
24 August 7, 1989, respondent Birds did not even record Robert H.'s  
25 temperature.

26 57. Pursuant to respondent Birds recommendation, on or  
27 about October 17, 1989, Robert H. was seen by respondent Herman.

1 Respondent Herman took a very brief medical history noting Robert  
2 H. was "HIV positive", but respondent Herman did not perform a  
3 physical examination, formulate a treatment plan, nor recommend  
4 measures to prevent PCP, despite the fact Robert H. had a low  
5 CD4+ T-cell count.

6 58. Respondent Herman began treating Robert H. with  
7 "Viroxan" on or about October 17, 1989.

8 59. Respondent Herman and respondent Birds arranged  
9 for Robert H. to have a Hickman catheter surgically placed on or  
10 about October 24, 1989.

11 60. On or about October 24, 1989, Robert H. had a  
12 double-lumen Hickman catheter implanted. Respondent Birds  
13 indicated the reason for placement of the Hickman catheter was  
14 "for chemotherapy for his lymphoma."

15 61. While Robert H. was undergoing continuous  
16 treatment by respondents Herman and Birds with "Viroxan", he  
17 visited respondent Birds on or about October 30, 1989, because  
18 Robert H. was suffering flu-like symptoms which respondent Birds  
19 believed may have been associated with the "Viroxan". Respondent  
20 Birds also believed Robert H.'s cough, fever, night sweats,  
21 chills and breathing problems might be due to a lower respiratory  
22 tract infection-PCP, the most common illness in HIV infected  
23 individuals with low CD4+ T-cell levels.

24 62. On or about November 6, 1989, Robert H. had a  
25 chest X-ray taken at San Pedro Peninsula Hospital. The X-ray  
26 revealed "evidence of bilateral interstitial disease greater on  
27 the left than the right. This likely represents an infectious

1 etiology. Corrolation W/prior chest X-ray is recommended."  
2 Robert H. was too ill to go see respondent Birds, so, based on  
3 telephone communication, respondent Birds prescribed inadequate  
4 doses of Bactrim to treat Robert H.'s PCP, even though respondent  
5 Birds was aware Robert H. was allergic to sulpha. Respondent  
6 Birds ordered Robert H. to take the Bactrim at home through his  
7 Hickman catheter.

8           63. Robert H.'s condition continued to deteriorate.  
9 Accordingly, on or about November 8, 1989, via telephone,  
10 respondent Birds ordered Robert H. receive supplemental oxygen by  
11 nasal cannula at home. Respondent Birds did not physically  
12 examine Robert H., rather he prescribed over the telephone.

13           64. On or about November 10, 1989, Robert H. became  
14 acutely short of breath and turned blue due to lack of oxygen.  
15 Paramedics were called and Robert H. was admitted to San Pedro  
16 Peninsula Hospital where he was diagnosed with adult respiratory  
17 distress syndrome secondary to PCP. On admission, Robert H.'s  
18 condition was grave and his survival "improbable."

19           65. On or about November 16, 1989, Robert H. died due  
20 to cardiopulmonary arrest.

21           66. As a result of the conduct described in Paragraphs  
22 5-9 and 51-65 above, respondents Herman and Birds are subject to  
23 disciplinary action pursuant to Code section 2234, subdivisions  
24 (b) and (d) because of their gross negligence and incompetence in  
25 failing to perform a physical examination, take an adequate  
26 medical history, or formulate a treatment plan based on a  
27 diagnosis of Robert H.'s ailment(s).



1           67. As a result of the conduct described in Paragraphs  
2 5-9 and 51-65 above, respondents Herman and Birds are subject to  
3 disciplinary action pursuant to section 2234, subdivisions (b),  
4 (d) and (e) because of numerous incidents of gross negligence,  
5 incompetence, and dishonesty or corruption in administering,  
6 and/or making available for patients' self-administration a  
7 foreign, nonsterile substance ("Viroxan"), not proven safe for  
8 use in human beings or efficacious against HIV infection.

9           68. As a result of the conduct described in Paragraphs  
10 5-9 and 51-65 above, respondents Herman and Birds are subject to  
11 disciplinary action pursuant to Code section 2234, subdivision  
12 (b) because of their gross negligence in failing to obtain  
13 approval, as required by law, from regulatory agencies prior to  
14 administration of the substance "Viroxan" to human beings.

15           69. As a result of the conduct described in Paragraphs  
16 5-9 and 51-65 above, respondents Herman and Birds are subject to  
17 disciplinary action pursuant to Code section 2234, subdivision  
18 (b) because of their acts of gross negligence in administering,  
19 or making available to patients for self-administration a  
20 substance which is not manufactured according to good  
21 pharmaceutical manufacturing practices, and which may be  
22 contaminated with micro organisms.

23           70. As a result of the conduct described in Paragraphs  
24 51-65 above, respondents Herman and Birds are subject to  
25 disciplinary action pursuant to Code section 2234, subdivisions  
26 (b) and (d) because of their gross negligence and incompetence in  
27 failing to timely recognize the presenting symptoms of

1 Pneumocystis carinii pneumonia (PCP), and failing to initiate  
2 chemoprevention against PCP.

3           71. As a result of the conduct described in Paragraphs  
4 51-65 above, respondent Birds is subject to disciplinary action  
5 pursuant to Code section 2234, subdivision (b) because he was  
6 grossly negligent in that: He prescribed inadequate doses of  
7 Bactrim; He prescribed Bactrim over the telephone to a sulpha  
8 allergic patient; He failed to monitor his patient's use of the  
9 Bactrim; and, He failed to hospitalize his patient.

10           72. As a result of the conduct described in Paragraphs  
11 51-65 above, respondent Birds is subject to disciplinary action  
12 pursuant to Code section 2234, subdivision (e) because of his  
13 dishonest or corrupt act in using a diagnosis of lymphoma to  
14 justify admission of Robert H. to the hospital for placement of a  
15 Hickman catheter.

16           73. Respondents Herman and Birds are subject to  
17 disciplinary action pursuant to section 2234, subdivisions (b)  
18 and (d) based on their gross negligence and incompetence in  
19 recommending and referring Robert H. to a surgeon for insertion  
20 of a Hickman catheter without adequate medical indication,  
21 especially when respondents knew, or should have known that  
22 Robert H. was severely immunocompromised. Respondents failed to  
23 properly advise Robert H. of the potential lethal complications  
24 of such a procedure and the extremely low likelihood of any  
25 benefit.

26           74. As a result of the conduct described in Paragraphs  
27 51-65 above, respondent Birds is subject to disciplinary action

1 pursuant to Code section 2234, subdivision (d) because of his  
2 incompetency in using typhoid vaccine without proper medical  
3 indication.

4           75. As a result of the conduct describe in Paragraphs  
5 5-9 and 51-65 above, respondents Herman and Birds are subject to  
6 disciplinary action pursuant to Code section 2234, subdivision  
7 (b) because of their gross negligence in treating an AIDS patient  
8 by self-administered intravenous infusion, their failure to  
9 instruct the patient on proper sterile injection technique, and  
10 their failure to monitor the patient's home use of a foreign  
11 substance by parenteral delivery.

12           76. As a result of the conduct described in Paragraphs  
13 5-9 and 51-65 above, respondents Herman and Birds are subject to  
14 disciplinary action pursuant to Code section 2234, subdivision  
15 (c) because of their repeated negligent acts in the treatment of  
16 Robert H. in that they: failed to keep adequate medical records;  
17 they failed to properly diagnose Robert H.'s medical condition;  
18 and, failed to initiate proper chemoprevention against  
19 Pneumocystis carinii Pneumonia (PCP).

20 PATIENT RONALD M.

21           77. On or about December 18, 1989, Ronald M. was  
22 diagnosed as having AIDS related complex (ARC.)

23           78. On or about May 15, 1989, Ronald M. was diagnosed  
24 as having encephalitis due to HIV ("AIDS dementia").

25           79. On or about August 14, 1989, Ronald M. became one  
26 of respondent Birds' patients.

27 \ \ \

1           80. On or about August 17, 1989, without reviewing  
2 Ronald M.'s medical records, respondent Birds began Ronald M. on  
3 a "therapeutic protocol using typhoid vaccine." These  
4 "treatments" continued until approximately November 1, 1989.

5           81. On or about August 25, 1989, respondent Birds  
6 began administering Oncovin (Vincristine) intravenously to  
7 Ronald M.

8           82. Billing slips from respondent Birds' office  
9 indicate Ronald M. saw respondent Birds on November 1, 1989,  
10 November 8, 1989, and December 5, 1989, however, there are no  
11 medical/chart records after October 30, 1989.

12           83. On or about November 3, 1989, Ronald M. had a  
13 "Landmark" catheter inserted in his left arm to facilitate  
14 respondent Herman's treatment of Ronald M. with "Viroxan".

15           84. On or about November 6, 1989, Ronald M. visited  
16 respondent Herman at respondent Herman's Orange County home.  
17 Respondent Herman noted that Ronald M. was HIV+; 34y/0; T415;  
18 severe debilitation and KS; diarrhea; severe neurological  
19 damage." No further history was noted, nor was a physical  
20 examination done. Nonetheless, respondent Herman prescribed two  
21 thousand milligrams of "Viroxan" IV and noted the dosage would  
22 increase to four thousand milligrams after a Hickman catheter was  
23 placed in Ronald M.

24           85. On or about November 7, 1989, Ronald M. again  
25 visited respondent Herman and was administered three thousand  
26 milligrams "Viroxan" IV.

27 \ \ \

1           86. On or about November 8, 1989, respondent Birds  
2 admitted Ronald M. to the Medical Center of North Hollywood for  
3 insertion of a Hickman catheter so Ronald M. could "start a  
4 chemotherapy program that requires daily IV medication...". A  
5 double-lumen Hickman catheter was placed in Ronald M. and the  
6 "Landmark" catheter removed.

7           87. On or about November 22, 1989, Ronald M. developed  
8 a cough and began experiencing difficulty swallowing.

9           88. On or about December 5, 1989, Ronald M. saw  
10 respondent Birds at respondent Birds' office, as indicated by a  
11 billing slip, however, respondent Birds failed to make any  
12 physician notations concerning the visit.

13           89. On or about December 6, 1989, Ronald M. was taken  
14 to Kaiser Anaheim Emergency room because of high fever, chills  
15 and mental confusion. Ronald M. was admitted to the hospital and  
16 treated with antibiotics for bacteria infection resulting from  
17 the Hickman catheter site and/or contamination due to self-  
18 injections with "Viroxan".

19           90. On or about December 15, 1989, Ronald M. suffered  
20 cardiopulmonary arrest.

21           91. On December 24, 1989, Ronald M. died.

22           92. As a result of the conduct described in Paragraphs  
23 77-91 above, respondents Herman and Birds are subject to  
24 disciplinary action pursuant to Code section 2234, subdivisions  
25 (b) and (d) because of their gross negligence and incompetence in  
26 failing to perform a physical examination, take an adequate  
27 \ \ \

1 medical history, or formulate a treatment plan based on a proper  
2 diagnosis of Ronald M.'s ailment(s).

3           93. As a result of the conduct described in Paragraphs  
4 5-9 and 77-91 above, respondent Herman is subject to disciplinary  
5 action pursuant to Code section 2234, subdivisions (b), (d) and  
6 (e) because of numerous incidents of gross negligence,  
7 incompetence, and dishonesty or corruption in administering,  
8 and/or making available for patients' self-administration a  
9 foreign, nonsterile substance ("Viroxan"), not proven safe for  
10 use in human beings or efficacious against HIV infection.

11           94. As a result of the conduct describe in Paragraphs  
12 5-9 and 77-91 above, respondent Herman is subject to disciplinary  
13 action pursuant to Code section 2234, subdivision (b) because of  
14 his gross negligence in failing to obtain investigational  
15 approval, as required by law, from regulatory agencies prior to  
16 administering the substance "Viroxan" to human beings.

17           95. As a result of the conduct described in Paragraphs  
18 5-9 and 77-91 above, respondent Herman is subject to disciplinary  
19 action pursuant to Code section 2234, subdivision (b) because of  
20 his gross negligence in administering, or making available to  
21 patients for self-administration a substance which is not  
22 manufactured according to good pharmaceutical manufacturing  
23 practices, and which may be contaminated with micro organisms.

24           96. As a result of the conduct describe in Paragraphs  
25 5-9 and 77-91 above, respondent Herman is subject to disciplinary  
26 action pursuant to Code section 2234, subdivision (b) because of  
27 his gross negligence in treating a patient with "AIDS dementia"

1 by self-administered intravenous infusion, his failure to  
2 instruct the patient on proper sterile injection technique, and  
3 his failure to monitor the patient's home use of a foreign  
4 substance by parenteral delivery.

5           97. As a result of the conduct described in Paragraphs  
6 77-91 above, respondent Birds is subject to disciplinary action  
7 pursuant to Code section 2234, subdivision (d) because of his  
8 incompetency in using typhoid vaccine without proper medical  
9 indication.

10           98. As a result of the conduct described in Paragraphs  
11 77-91 above, respondent Birds is subject to disciplinary action  
12 pursuant to Code section 2234, subdivisions (b), (d), and (e)  
13 because of his gross negligence, incompetence, and dishonesty or  
14 corruption in ordering a Hickman catheter inserted in Ronald M.  
15 chest without proper medical indication for the Hickman catheter  
16 when respondent Birds knew, or should have known that Ronald M.  
17 was severely immunocompromised; and, by failing to properly  
18 advise Ronald M. of the potential lethal complications of such a  
19 procedure and the extremely low likelihood of any benefit.

20           99. As a result of the conduct described in Paragraphs  
21 77-91 above, respondents Herman and Birds are subject to  
22 disciplinary action pursuant to Code section 2234, subdivision  
23 (c) because of their repeated negligent acts in failing to keep  
24 adequate medical records of their treatment of Ronald M., their  
25 failure to make a proper professional assessment of Ronald M.'s  
26 medical condition, their failure to instruct Ronald M. on proper  
27 sterile injection techniques, their failure to monitor his use of

1 a foreign substance, their failure to present Ronald M. with  
2 options other than the substance "Viroxan" for treatment of HIV  
3 infection, their failure to properly monitor Ronald M.'s medical  
4 condition, and their failure to refer Ronald M. to a recognized  
5 medical specialist.

6 PATIENT MICHAEL K.

7 100. Michael K., an HIV infected individual, became a  
8 patient of respondent Herman on or about September 12, 1989. On  
9 or about that date, when Michael K. visited respondent Herman,  
10 respondent Herman failed to perform any type physical  
11 examination. Nonetheless, respondent Herman started Michael K.  
12 on "Viroxan" via intramuscular injection in Michael K.'s Gluteus  
13 Maximus muscle.

14 101. Michael K. self-injected "Viroxan" daily until he  
15 developed a black "eschar" at the injection site and began  
16 experiencing extreme pain. Consequently, sometime between  
17 September 12, 1989 and October 24, 1989, pursuant to respondent  
18 Birds order, Michael K. had a Hickman catheter implanted in his  
19 chest so he could inject "Viroxan" intravenously on a daily  
20 basis. Even after installation of the Hickman catheter Michael  
21 K. continued experiencing pain in his right gluteal area.

22 102. On or about November 13, 1989, Michael K. began  
23 undergoing a series of excisions of his right buttock.

24 103. On or about December 7, 1989, Michael K. was  
25 admitted to Eisenhower Memorial Hospital for extensive  
26 debridement of a deep muscle abscess in his right buttock.  
27 (Pathology of the debrided tissue demonstrated necrotic material



1 of the right buttock. There was necrosis extending deep into the  
2 subcutaneous tissue and skeletal muscle.) Michael K. remained in  
3 Eisenhower Memorial Hospital for fifteen days and was treated for  
4 toxic shock syndrome secondary to the gluteal wound.

5 104. On or about January 15, 1990, Michael K. was  
6 again admitted to Eisenhower for recurrent toxic shock.

7 105. On or about January 26, 1990, Michael K. was  
8 again admitted to Eisenhower Memorial Hospital after being found  
9 in a stuporous state due to injection of an overdose of  
10 methadone, elavil, and a anxiolytic agent. Chest X-rays of  
11 Michael K. revealed bilateral interstitial infiltrates, and  
12 Michael K. was treated for PCP until his death on February 4,  
13 1990.

14 106. An autopsy revealed Michael K. had "bilateral  
15 staphylococcal pneumonia" and "massive ulceration of the right  
16 buttock." It was determined that the gluteal abscess resulted  
17 from contamination due to regular intramuscular injection of  
18 "Viroxan" supplied by respondent Herman.

19 107. As a result of the conduct described in  
20 Paragraphs 5-9 and 100-106 above, respondent Herman is subject to  
21 disciplinary action pursuant to Code section 2234, subdivisions  
22 (b) and (d) because of numerous incidents of gross negligence,  
23 incompetence, and dishonesty or corruption in administering,  
24 and/or making available for patients' self-administration a  
25 foreign, nonsterile substance ("Viroxan"), not proven safe for  
26 use in human beings or efficacious against HIV infection.

27 \ \ \

1           108. As a result of the conduct described in  
2 Paragraphs 5-9 and 100-106 above, respondent Herman is subject to  
3 disciplinary action pursuant to Code section 2234, subdivision  
4 (b) because of his gross negligence in administering and/or  
5 making available to patients, a substance ("Viroxan"), which is  
6 not manufactured according to good pharmaceutical manufacturing  
7 practices, and which may be contaminated with micro organisms.

8           109. As a result of the conduct describe in Paragraphs  
9 100-106 above, respondent Herman is subject to disciplinary  
10 action pursuant to Code section 2234, subdivision (b) because of  
11 his gross negligence in treating an AIDS patient by self-  
12 administered intravenous infusion, his failure to instruct the  
13 patient on proper sterile injection technique, and his failure to  
14 monitor a patient's home use of a foreign substance by parenteral  
15 delivery.

16           110. As a result of the conduct described in  
17 Paragraphs 5-9 and 100-106 above, respondent Herman is subject to  
18 disciplinary action pursuant to Code section 2234, subdivision  
19 (b) because of his gross negligence in failing to obtain  
20 investigational approval, as required by law, from regulatory  
21 agencies prior to administering the substance "Viroxan" to human  
22 beings.

23           111. As a result of the conduct described in  
24 Paragraphs 100-106 above, respondent Herman is subject to  
25 disciplinary action pursuant to Code section 2234, subdivisions  
26 (b) and (d) because of his gross negligence and incompetence in  
27 failing to timely recognize the presenting symptoms of

1 Pneumocystis carinii pneumonia (PCP), and failing to initiate  
2 chemoprevention against PCP.

3 112. As a result of the conduct described in  
4 Paragraphs 100-106 above, respondent Herman is subject to  
5 disciplinary action pursuant to Code section 2234, subdivisions  
6 (b) and (d) because of his gross negligence and incompetence in  
7 failing to perform a physical examination, take an adequate  
8 medical history, or formulate a treatment plan based on a  
9 diagnosis of Michael K.'s ailment(s).

10 113. As a result of the conduct described in  
11 Paragraphs 100-106 above, respondent Birds is subject to  
12 disciplinary action pursuant to Code section 2234, subdivisions  
13 (b), (d), and (e) because of his gross negligence, incompetence,  
14 and dishonest or corrupt act of recommending and referring  
15 Michael K. to a surgeon for the purpose of having a central in-  
16 dwelling Hickman catheter inserted through his chest even though  
17 respondent Birds knew or should have known Michael K. was  
18 severely immunocompromised. Respondent Birds also failed to  
19 properly advised Michael K. of the potential lethal complication  
20 of such a procedure and the extremely low likelihood of any  
21 benefit.

22 114. As a result of the conduct described in  
23 Paragraphs 100-106 above, respondent Herman is subject to  
24 disciplinary action pursuant to Code section 2234, subdivision  
25 (c) because of his repeated negligent acts in failing to keep  
26 adequate medical records of his treatment of Michael K., his  
27 failure to make professional assessment of Michael K.'s medical

1 condition, his failure to instruct Michael K. on proper sterile  
2 injection techniques, his failure to monitor Michael K.'s use of  
3 a foreign substance, his failure to present Michael K. with  
4 options other than the substance "Viroxan" for treatment of HIV  
5 infection, his failure to monitor Michael K.'s medical condition,  
6 and his failure to refer Michael K. to a recognized medical  
7 specialist.

8 PATIENT CHRIS A.

9           115. On or about September or October 1989, Chris A.,  
10 an HIV infected individual, became one of respondent Herman's  
11 patients. Respondent Herman supplied Chris A. with "Viroxan"  
12 after representing to Chris A. that "Viroxan" would ameliorate  
13 HIV infection. Respondent Herman administered, and/or instructed  
14 Chris A. to self-inject "Viroxan" into his buttocks.

15           116. Chris A. self-injected "Viroxan" intramuscularly  
16 into his right buttock until respondent Birds directed placement  
17 of a Hickman catheter. The Hickman catheter was placed in Chris  
18 A.'s chest on or about October 10, 1989.

19           117. Eventually Chris A. began experiencing pain and  
20 swelling in his right buttock. Chris A. contacted respondent  
21 Herman by telephone and respondent Herman, without physically  
22 examining Chris A., prescribed an antibiotic, Keflex.

23           118. On or about December 10, 1989, due to pain and  
24 swelling in his right buttock, Chris A. went to the emergency  
25 room at Eisenhower Memorial Hospital in Rancho Mirage. Chris A.  
26 had a gluteal abscess (similar to that experienced by Michael K.)  
27 and was given an intravenous dose of an antibiotic.

1           119. On or about December 11, or 12, 1989, Chris A.  
2 was admitted to Eisenhower Memorial Hospital because of  
3 deterioration in his condition. Chris A. was diagnosed as having  
4 an abscess of his right buttock with muscle necrosis  
5 (mummification) secondary to intramuscular injection. Chris A.'s  
6 condition required debridement of a 16 X 18 cm area of his right  
7 buttock.

8           120. Although respondent Herman made "Viroxan"  
9 available to Chris A. and prescribed an antibiotic over the  
10 telephone, respondent Herman kept no medical records concerning  
11 Chris A.

12           121. As a result of the conduct described in  
13 Paragraphs 115-120 above, respondent Herman is subject to  
14 disciplinary action pursuant to Code section 2234, subdivisions  
15 (b) and (d) because of his gross negligence and incompetence in  
16 failing to perform a physical examination, take an adequate  
17 medical history, or formulate a treatment plan based on a  
18 diagnosis of Chris A.'s ailment(s).

19           122. As a result of the conduct described in  
20 Paragraphs 5-9 and 115-120 above, respondent Herman is subject to  
21 disciplinary action pursuant to Code section 2234, subdivisions  
22 (b) and (d) because of numerous incidents of gross negligence,  
23 incompetence, and dishonesty or corruption in administering,  
24 and/or making available for patients' self-administration a  
25 foreign, nonsterile substance ("Viroxan"), not proven safe for  
26 use in human beings or efficacious against HIV infection.

27 \ \ \

1           123. As a result of the conduct described in  
2 Paragraphs 5-9 and 115-120 above, respondent Herman is subject to  
3 disciplinary action pursuant to Code section 2234, subdivision  
4 (b) because of his gross negligence in failing to obtain  
5 investigational approval, as required by law, from regulatory  
6 agencies prior to administering the substance "Viroxan" to human  
7 beings.

8           124. As a result of the conduct described in  
9 Paragraphs 5-9 and 115-120 above, respondent Herman is subject to  
10 disciplinary action pursuant to Code section 2234, subdivision  
11 (b) because of his gross negligence in administering and/or  
12 making available to patients, a substance ("Viroxan"), which is  
13 not manufactured according to good pharmaceutical manufacturing  
14 practices, and which may be contaminated with micro organisms.

15           125. As a result of the conduct describe in Paragraphs  
16 115-120 above, respondent Herman is subject to disciplinary  
17 action pursuant to Code section 2234, subdivision (b) because of  
18 his gross negligence in treating an AIDS patient by self-  
19 administered intravenous infusion, his failure to instruct the  
20 patient on proper sterile injection technique, and his failure to  
21 monitor a patient's home use of a foreign substance by parenteral  
22 delivery.

23           126. As a result of the conduct described in Paragraph  
24 117 above, respondent Herman is subject to disciplinary action  
25 pursuant to Code section 2234, subdivision (b) because of his  
26 gross negligence in prescribing an antibiotic over the telephone  
27 without physically examining the patient.

1           127. As a result of the conduct described in  
2 Paragraphs 115-120 above, respondent Birds is subject to  
3 disciplinary action pursuant to Code section 2234, subdivisions  
4 (b), (d) and (e) because of his gross negligence, incompetence,  
5 and fraud in recommending and referring Chris A. to a surgeon for  
6 the purpose of having a central in-dwelling Hickman catheter  
7 inserted through his chest even though respondent Birds knew or  
8 should have known that Chris A. was severely immunocompromised.  
9 Furthermore, respondent Birds failed to properly advise Chris A.  
10 of the potential lethal complications of such a procedure and the  
11 extremely low likelihood of any benefit.

12           128. As a result of the conduct described in  
13 Paragraphs 100-106 above, respondent Herman is subject to  
14 disciplinary action pursuant to Code section 2234, subdivision  
15 (c) because of his repeated negligent acts in failing to keep  
16 adequate medical records of his treatment of Chris A., his  
17 failure to make professional assessment of Chris A.'s medical  
18 condition, his failure to instruct Chris A. on proper sterile  
19 injection techniques, his failure to monitor Chris A.'s use of a  
20 foreign substance, his failure to present Chris A. with options  
21 other than the substance "Viroxan" for treatment of HIV  
22 infection, his failure to monitor Chris A.'s medical condition,  
23 and his failure to refer Chris A. to a recognized medical  
24 specialist.

25 PATIENT DAVID P.

26           129. On or about June 1, 1989, David P. was admitted  
27 to LAC-USC Medical Center, Psychiatric Ward because of suicidal

1 tendencies. After discharge from the Psychiatric Unit, a  
2 Chiropractor David P. saw recommended David P. see respondent  
3 Birds.

4 130. On or about June 21, 1989, David P. became one of  
5 respondent Birds' patients. During the June 21, 1989 office  
6 visit, respondent Birds took a brief medical history but did not  
7 physically examine David P. Furthermore, respondent Birds did  
8 not include a psychiatric history and therefore failed to  
9 discover David P.'s past psychiatric problems.

10 131. On or about June 21, June 27, and July 18, 1989,  
11 respondent Birds ordered laboratory tests to be performed on  
12 blood samples obtained from David P. The tests included a CD4-  
13 T-cell count, p-24 antigen assay. No HIV antibody test was  
14 ordered. The tests disclosed mild normochromic, normocytic  
15 anemia. However, respondent Birds failed to initiate any type  
16 diagnostic "work-up." The laboratory tests also revealed an  
17 elevated base line measurement of herpes (I and II) IgG serum  
18 antibody titters. Respondent Birds concluded David P. had  
19 "herpes-long term--under stress--brain changes."

20 132. On or about July 25, 1989, respondent Birds  
21 started David P. on a "Therapeutic protocol using typhoid  
22 vaccine".

23 133. On or about November 6, 1989, respondent Birds  
24 recommended David P. visit respondent Herman for help with the  
25 herpes infection.

26  
27



1           134. On or about November 13, 1989, David P. returned  
2 to respondent Birds for a medical history and physical  
3 examination in preparation for insertion of a Hickman catheter.  
4 On or about November 14, 1989, pursuant to respondent Birds'  
5 order, David P. had a Hickman catheter placed. Respondent Birds  
6 admission history and physical examination of David P. stated he  
7 had "lymphatic enlargement in axillary, cervical and inguinal  
8 area, most likely of a viral nature but of a lymphocytic type  
9 problem."

10           135. On or about November 15, 1989, David P. visited  
11 respondent Birds and respondent Birds gave David P. his first  
12 treatment with "Viroxan" which had been prescribed and provided  
13 by respondent Herman. Respondent Birds showed David P. how to  
14 self-administer the "Viroxan" via an IV drip.

15           136. Sometime during early December 1989, David P.  
16 moved back home to San Antonio, Texas. While in Texas, David P.  
17 talked with both respondent Birds and respondent Herman via  
18 telephone and the respondents sent David P. "Viroxan" through the  
19 mail. David P. continued to self-inject "Viroxan" through the  
20 Hickman catheter until approximately January 17, 1989, when,  
21 pursuant to the advise of another physician, David P.  
22 discontinued using "Viroxan".

23           137. As a result of the conduct described in  
24 Paragraphs 5-9 and 129-136 above, respondents Herman and Birds  
25 are subject to disciplinary action pursuant to Code section 2234,  
26 subdivisions (b), and (d) because of numerous incidents of gross  
27 negligence, incompetence, and dishonesty or corruption in

1 administering, and/or making available for patients' self-  
2 administration a foreign, nonsterile substance ("Viroxan"), not  
3 proven safe for use in human beings or efficacious against HIV  
4 infection.

5           138. As a result of the conduct described in  
6 Paragraphs 5-9 and 129-136 above, respondent Herman is subject to  
7 disciplinary action pursuant to Code section 2234, subdivision  
8 (b) because of his gross negligence in failing to obtain  
9 investigational approval, as required by law, from regulatory  
10 agencies prior to administering the substance "Viroxan" to human  
11 beings.

12           139. As a result of the conduct described in  
13 Paragraphs 5-9 and 129-136 above, respondent Birds is subject to  
14 disciplinary action pursuant to Code section 2234, subdivision  
15 (b) because of his gross negligence in failing to ascertain  
16 whether or not investigational approval existed from regulatory  
17 agencies prior to administration of the substance "Viroxan" to  
18 human beings.

19           140. As a result of the conduct described in Paragraph  
20 5-9 and 129-136 above, respondents Herman and Birds are subject  
21 to disciplinary action pursuant to Code section 2234, subdivision  
22 (b) for their gross negligence in administering and/or making  
23 available to patients, a substance ("Viroxan"), which is not  
24 manufactured according to good pharmaceutical manufacturing  
25 practices, and which may be contaminated with micro organisms.

26           141. Respondents Herman and Birds are subject to  
27 disciplinary action pursuant to section 2234, subdivisions (b),

1 (d), (e) based on their gross negligence, incompetence, and  
2 dishonesty or corruption in recommending and referring David P.  
3 to a surgeon for insertion of a Hickman catheter without adequate  
4 medical indication, especially when respondents knew, or should  
5 have known that David P. was severely immunocompromised.  
6 Respondents failed to properly advise David P. of the potential  
7 lethal complications of such a procedure and the extremely low  
8 likelihood of any benefit.

9           142. As a result of the conduct described in  
10 Paragraphs 129-136 above, respondents Herman and Birds are  
11 subject to disciplinary action pursuant to Code section 2234,  
12 subdivision (b) because of their gross negligence in treating an  
13 AIDS patient by self-administered intravenous infusion, their  
14 failure to instruct the patient on proper sterile injection  
15 technique, and their failure to monitor a patient's home use of a  
16 foreign substance by parenteral delivery.

17           143. As a result of the conduct described in  
18 Paragraphs 129-136 above, respondent Birds is subject to  
19 disciplinary action pursuant to Code section 2234, subdivisions  
20 (b) and (d) because of his gross negligence and incompetence in  
21 failing to perform a physical examination, take an adequate  
22 medical history, or formulate a treatment plan based on a  
23 diagnosis of David P.'s ailment(s).

24           144. As a result of the conduct described in  
25 Paragraphs 5-9 and 129-136 above, respondent Birds is subject to  
26 disciplinary action pursuant to Code section 2234, subdivision  
27 (d) because of his incompetency in using typhoid vaccine without

1 proper medical indication.

2           145. As a result of the conduct described in  
3 Paragraphs 129-136 above, respondents Herman and Birds are  
4 subject to disciplinary action pursuant to Code section 2234,  
5 subdivision (c) because of their repeated negligent acts in  
6 failing to keep adequate medical records of their treatment of  
7 David P., their failure to make professional assessment of David  
8 P.'s medical condition, their failure to instruct David P. on  
9 proper sterile injection techniques, their failure to monitor his  
10 use of a foreign substance, their failure to present David P.  
11 with options other than the substance "Viroxan" for treatment of  
12 HIV infection, their failure to monitor David P.'s medical  
13 condition, and their failure to refer David P. to a recognized  
14 medical specialist.

15 PATIENT STANLEY H.

16           146. Stanley H., an HIV infected individual began  
17 "Viroxan" treatment with respondent Herman on or about June 21,  
18 1989.

19           147. Stanley H. injected "Viroxan" by peripheral vein  
20 in various doses. Eventually, Stanley H. began having "trouble  
21 with his veins" due to the "Viroxan" injections. Accordingly,  
22 respondent Herman referred Stanley H. to respondent Birds for  
23 placement of a Hickman catheter.

24           148. On or about December 12, 1989, Stanley H. was  
25 admitted to the Medical Center of North Hollywood by respondent  
26 Birds for insertion of a Hickman catheter. According to  
27 Respondent Birds, the catheter was necessary "to allow for IV

1 therapy for the infection and the evidence of lymphocytic  
2 enlargement. Possible viral lymphoma type reaction to be  
3 considered as the cause." No explanation was given by respondent  
4 Birds concerning the nature of the "developing lymphocytic  
5 enlargement or the developed viral lymphoma." There was also no  
6 explanation of the type therapy contemplated which required  
7 insertion of a Hickman catheter.

8           149. Stanley H. received a Hickman catheter on or  
9 about December 12, 1989, and was discharged from the hospital  
10 that same day. Stanley H. began using the Hickman catheter for  
11 self-administration of "Viroxan" obtained from respondent Herman.

12           150. On or about January 15, 1990, Stanley H. was  
13 admitted to Fountain Valley Regional Hospital and Medical Center  
14 for possible blood poisoning (Septicemia) caused either by the  
15 Hickman catheter site or contaminated "Viroxan". On admission,  
16 Stanley H. reported a two-week history of fever, shaking, chills,  
17 headaches, and increased respirations.

18           151. Although Stanley H. received medical treatment  
19 from respondent Herman, respondent Herman kept no medical records  
20 concerning his evaluation or treatment of Stanley H.

21           152. As a result of the conduct described in  
22 Paragraphs 146-151 above, respondent Herman is subject to  
23 disciplinary action pursuant to Code section 2234, subdivisions  
24 (b) and (d) because of his gross negligence and incompetence in  
25 failing to perform a physical examination, take an adequate  
26 medical history, or formulate a treatment plan based on a  
27 diagnosis of Stanley H.'s ailment(s).

1           153. As a result of the conduct described in  
2 Paragraphs 5-9 and 146-151 above, respondent Herman is subject to  
3 disciplinary action pursuant to Code section 2234, subdivisions  
4 (b), (d), and (e) because of numerous incidents of gross  
5 negligence, incompetence, and dishonesty or corruption in  
6 administering, and/or making available for patients' self-  
7 administration a foreign, nonsterile substance ("Viroxan"), not  
8 proven safe for use in human beings or efficacious against HIV  
9 infection.

10           154. As a result of the conduct described in  
11 Paragraphs 5-9 and 146-151 above, respondent Herman is subject to  
12 disciplinary action pursuant to Code section 2234, subdivision  
13 (b) because of his gross negligence in failing to obtain  
14 investigational approval, as required by law, from regulatory  
15 agencies prior to administering the substance "Viroxan" to human  
16 beings.

17           155. As a result of the conduct described in  
18 Paragraphs 5-9 and 146-151 above, respondent Herman is subject to  
19 disciplinary action pursuant to Code section 2234, subdivision  
20 (b) because of his gross negligence in administering and/or  
21 making available to patients, a substance ("Viroxan"), which is  
22 not manufactured according to good pharmaceutical manufacturing  
23 practices, and which may be contaminated with micro organisms.

24           156. As a result of the conduct described in Paragraph  
25 5-9 and 146-151 above, respondent Herman is subject to  
26 disciplinary action pursuant to Code section 2234, subdivision  
27 (b) because of his gross negligence in treating an AIDS patient

1 by self-administered intravenous infusion, his failure to  
2 instruct the patient on proper sterile injection technique, and  
3 his failure to monitor a patient's home use of a foreign  
4 substance by parenteral delivery.

5           157. As a result of the conduct described in  
6 Paragraphs 146-151 above, respondents Herman and Birds are  
7 subject to disciplinary action pursuant to Code section 2234,  
8 subdivisions (b), (d), (e) based on their gross negligence,  
9 incompetency, and dishonesty or corruption in recommending and  
10 referring Stanley H. to a surgeon for insertion of a Hickman  
11 catheter without adequate medical indication, especially when  
12 respondents knew, or should have known that Stanley H. was  
13 severely immunocompromised. Respondents failed to properly  
14 advise Stanley H. of the potential lethal complications of such a  
15 procedure and the extremely low likelihood of any benefit.

16           158. As a result of the conduct described in Paragraph  
17 5-9 and 146-151 above, respondents Herman and Birds are subject  
18 to disciplinary action pursuant to Code section 2234,  
19 subdivisions (b) and (d) because of their gross negligence and  
20 incompetence in failing to perform a physical examination, take  
21 an adequate medical history, or formulate a treatment plan based  
22 on a diagnosis of Stanley H.'s ailment(s).

23           159. As a result of the conduct described in  
24 Paragraphs 146-151 above, respondents Herman and Birds are  
25 subject to disciplinary action pursuant to Code section 2234,  
26 subdivision (c) because of their repeated negligent acts in  
27 failing to keep adequate medical records of their treatment of

1 Stanley H., their failure to make professional assessment of  
2 Stanley H.'s medical condition, their failure to instruct Stanley  
3 H. on proper sterile injection techniques, their failure to  
4 monitor his use of a foreign substance, their failure to present  
5 Stanley H. with options other than the substance "Viroxan" for  
6 treatment of HIV infection, their failure to monitor Stanley H.'s  
7 medical condition, and their failure to refer Stanley H. to a  
8 recognized medical specialist.

9           160. As a result of respondent Herman's and respondent  
10 Birds' custom and habit or modus operandi evidenced by their  
11 pattern and conduct in treating patients, and aiding and abetting  
12 each other in treating patients, as described in Paragraphs 5-  
13 14, 20-21, 23-40, 51-65, 77-91, 100-106, 115-120, 129-136, and  
14 146-151, above, respondents Herman and Birds are subject to  
15 disciplinary action pursuant to Code section 2234, subdivisions  
16 (b), (c), (d), (e), for their gross negligence, repeated  
17 negligent acts, incompetence, and dishonesty and corruption in  
18 treating patients with "Viroxan" and ordering Hickman catheters  
19 to be placed in the patients without proper medical indication  
20 notwithstanding the fact respondents knew, or should have known  
21 the patients were at extremely high risk of infection because  
22 they were immunocompromised. Respondents' conduct was  
23 exacerbated further by their continued neglect of patients as  
24 evidenced by their lack of proper medical records, and failure to  
25 monitor patients home use (self-injection) and progress while  
26 using "Viroxan", a substance toxic to laboratory animals and  
27 unproven as effective in treating AIDS, HIV positive patients,



1 arthritis, cancer, or any other ailment.

2 WHEREFORE, Complainant requests the Board hold a  
3 hearing on the matters alleged herein; and, following said  
4 hearing, the Board issue a decision:

5 1. Revoking or suspending respondent Herman's and  
6 respondent Birds' physician and surgeon licenses;

7 2. Revoking or suspending respondent Birds' license to  
8 supervise physician assistants; and,

9 3. Taking such other and further action the Board  
10 deems appropriate to protect the public health, safety  
11 and welfare.

12 DATED: May 17, 1991

13

14

15

16

17

18

19

20

21

22


23

24

25 WH:sol

26

27

  
Kenneth Wagstaff  
Executive Director  
Medical Board of California  
Department of Consumer Affairs  
State of California  
Complainant